

## SPECIFIC TREATMENTS

### MANUAL LYMPHATIC DRAINAGE 75' | €95

Therapy drainage made with gentle movements that make the activation of the lymph nodes releasing and activating the release of toxins. Ideal for people with fluid retention, pregnant and feeling of heavy legs.

### MOM TO BE MASSAGE 50' | €85

Draining and decongestive therapy. This therapy provides to the pregnant, moments of relaxation and tranquility and a pleasant feeling of lightness.

## FINAL TOUCH

### SPA MANICURE 60' | €40

Treatment and beauty of hands and nails. Exfoliation, mask and applying moisturizer. Includes massage for the upper limbs as hands.

### SPA PEDICURE 70' | €65

Treatment and beauty of feet, as well as nail polish, exfoliation, mask and applying moisturizer. Includes feet massage and also leg up to the knee.

## WAX

FULL LEG | €50

HALF LEG | €30

BIKINI WAX | €20

FULL BIKINI WAX | €30

UNDER ARMS | €20

UPPER LIP | €10

EYEBROWS | €15

**SUMMER OPENING TIME** Every day since 10 a.m. until 8 p.m.

**REST OF THE YEAR** Every day since 10 a.m. until 7 p.m.

Reservations - dial 48140

## DAY SPA

Do your own Spa program as you wish. Value applied per program per person, not cumulativ with other promotions:

### FACIAL 50'

Costumized Facial

### MASSAGE 50'

Massage Blue&Green  
Massage with Aromatherapie

### EXFOLIATION 25'

Exfoliation Sea Salt

### HYDROTHERAPY 25'

Duche Vichy

DAY SPA 1 - 2 TREATMENTS | €140

DAY SPA 2 - 3 TREATMENTS | €200

DAY SPA 3 - 4 TREATMENTS | €250

resorts with a new attitude  
**blue & green**



the  
spa

## SIGNATURE TREATMENTS

### EUROPE - LAVANDER 50' | €90

Give yourself a perfect balance through a relaxing treatment with all the benefits of French lavender. Includes a welcome ritual with feet exfoliation, followed by a relaxing massage with essential oil of lavender, with relaxing effect.

### AFRICA - GERANEUM 50' | €90

Let yourself go with floral breeze of Geranium to distant lands of Africa and feel full of new energy from head to toe. Welcome ritual with feet exfoliation, followed by a relaxing massage with essential oil Geranium, with smoothing properties.

### ASIA - JASMIN 50' | €90

Enjoy exotic emotions with the scent of jasmine and enjoy a sense of tranquility. Welcome ritual with foot exfoliation, followed by a relaxing massage with essential oil of jasmine.

### OCEANIA - COCONUT 50' | €90

Have a treat with this delicious treatment. In this therapy that combines tropical scent of coconut, feel just as if you were in holidays at French Polynesian islands. Body scrub, and after, a relaxing massage with organic coconut oil.

### AMERICA - VANILLA 50' | €90

Discover the antioxidant power of vanilla, able to convey a sense of renewal and well-being. Body scrub followed by a relaxing massage with essential oil of vanilla.

## ORIENTAL THERAPIES

### AYURVEDIC MASSAGE 75' | €95

Deep massage technique that combines vigorous movements across the muscle mass along with stretching techniques and stretching, as well as stimulation of points and vital organs of our body. It gives you a feeling of freshness, lightness and tranquility.

### SHIATSU 75' | €95

Japanese therapeutic method that uses pressure on the meridians in order to restore energy flow and correcting internal dysfunctions of the body, causing a state of energetic and physical balance.

### REIKI 50' | €85

Japanese therapeutic technique based on channeling universal energy by laying on of hands in order to re-establish the vital energy balance of body and mind.

### REFLEXOLOGIE 50' | €70

Therapy that works by digital pressure the reflex points of the human body organs, providing wellness and balance for who enjoys this therapy.

## MASSAGES

### BLUE&GREEN MASSAGE 30' | €60 or 50' | €80

Relaxing massage with essential oils that result in a comforting feeling of tranquility and general well-being.

### AROMATHERAPY MASSAGE 50' | €85

Customized massage with essential oils chosen by you, that promote a sense of harmony.

### THERAPEUTIC MASSAGE 50' | €95

Invigorating massage that works the muscles on a deeper level, that optimize the muscular decompression, reducing the tension due to contractures, giving you energy and promoting balance and well-being of body and mind.

### HOT STONES MASSAGE 80' | €110

Relaxing massage performed with volcanic stones. The heat provided by the stones helps the muscle to relax and so the therapist can work deeper in the muscle. That way you relax and decompress. Its volcanic properties provide a pleasant feeling of relaxation and well-being, harmonizing body and mind.

## PURE ALTITUDE MESSAGES

### ALPES MASSAGE 60' | €110

Relaxation massage designed with the sailing of the Pure Altitude based on Rosemary, and Edelweiss, the flower of the Alps. With nourishing properties, this therapy as well as extremely relaxing returns the skin a gently velvet touch.

### PINDAS MASSAGE 90' | €120

Relaxation and therapeutic massage with deep and slow movements that include sachets with exfoliating salt of the Himalayas with the gentle aroma of Pure Altitude. A surprisingly relaxing and deep therapy that induces the body wellness and mind.

## BLUE&GREEN RITUALS

### YIN-YANG MOMENTS 85' | €250

A perfect ritual for romantic couples that starts with a whirlpool bath in the VIP suite, followed by a relaxing massage for two with essential oils of Ylang Ylang and Patchouli. Complete your experience with a special tea for both. A special moment for special people.

### NÉROLI 85' | €140

A delicious ritual that starts with an exfoliation with orange and organic lavender. After, you have an ultra relaxing massage with essential oil of orange blossom.

### THE WORLD AT YOUR FEET 85' | €120

A most revitalizing ritual that begins with a feet bath with peppermint and ends with a relaxing massage with essential oils of rosemary and lemon.

## FACIALS BY ANNE SEMONIN

### ANNE SEMONIN EXPERIENCE 70' | €120

Top facial treatment. Customized, awakens the face of splendor, neck and eye contour. Treats your skin in a very deep and complete way. It uses classic corrective techniques and offers customized solutions according to the needs of your skin.

### FACIAL CLEANING 70' | €100

Complete detoxifying treatment at the same time smooth and intense, combines a peel o mask with algae, steam, extraction of impurities for a radiant and luminous result.

### SPECIAL FACIAL FOR MAN 70' | €95

Customized facial, extraction of impurities according to state and skin type, based on rejuvenating and moisturizing active ingredients with exclusive massage techniques by Anne Semonin.

### CUSTOMIZED FACIAL 55' | €90

Customized facial after diagnosis. A facial that treats the immediate needs of your skin, returning it a smooth touch just like pure silk.

## BODY TREATMENTS BY THALION

### EXFOLIATION MARINE SALT 45' | €65

Body scrub that cleanses and softens the skin eliminating dead cells, renewing your skin by hydration.

### BODY DETOX 75' | €120

Detoxifying and purifying therapy, it cleans your body of toxins, and it also balances the minerals in your body. In the end, just feel a pleasant sensation of freshness and lightness.

### TRIPLE ACTION SLIMMING 75' | €120

3 in 1 body treatment. Includes exfoliation, slimming wrap with algae with shaping and remineralizing properties. Perfect treatment to shape and balance your body.

### ANTI-AGING 75' | €120

Anti-aging body treatment. Includes body exfoliation, wrapping and hydration. Perfect relaxation for a perfect body with a perfect mind.

## BY PURE ALTITUDE

### CLAY ROSE AND 3 MINERALS WRAP 50' | €95

It starts with a body scrub with white sugar crystals, hazelnut oil, broom and juniper, followed by a detoxifying engagement, balancing your body.

### "JUST LIKE SNOW" WRAP 50' | €95

Body scrub with white sugar crystals with hazelnut oil, broom and juniper, followed by a wrap in a creamy mousse texture. The result is fabulous: your skin is absolutely divine and hydrated to receive the sun, and your tan will last longer. Enjoy.

## HYDROTHERAPY

### VICHY SHOWER 25' | €50

Located relaxation massage, with jets of hot water. Therapy that takes profit of water healing properties.

### VICHY SHOWER WITH MARINE SALT 45' | €60

Simultaneously massage with hot water jets, and also a body scrub with marine salt.

### THALAXO THERAPY 15' | €20

Thermal contrasts therapy that activates the metabolism of the body, very similar to a sauna. Customized treatment, which combined with other treatments promotes weight loss effect.

## NAUSICAA THERAPY

Specific treatment for scrubs and wraps, water treatment in several ways, also with chromotherapy and the tropical shower.

### 30' | €60 WITH BODY SCRUB 60' | €95 WITH BODY WRAP

### "LA CULLA DI OLOS" I COT OF OILS 105' | €150

Top therapy. It combines the color therapy and the healing properties of water in body and face. It includes body wrap and body hydration, and at the same time you also have a facial. Therapy that takes care of face and body to give your skin comfort and softness. Enjoy a fabulous time with a sublime result.